

Medical Help for International Students

03 or 113 - emergency medical service

There are several hospitals, clinics and daily doctorates located in vicinity of ISMA. We suggest you “**Dziednieciba**” as they have doctors on duty, available daily (except Sundays). Here is information you might need:

MFD Outpatient Hospital Dziednieciba

Website in English: <http://www.mfd.lv/en/veselibas-centrs-dziednieciba>

Location on the map:

<https://maps.google.com/maps?hl=ru-LV&gbv=2&um=1&ie=UTF-8&fb=1&gl=lv&q=Ru%C5%A1onu+iel+15,+R%C4%ABga,+LV-1057&sa=X&ei=cohPVPnICaXGygOw-oDIAQ&ved=0CBMQ8gEoATAA&output=classic&dg=brw>

Address: Rušonu iela 15, Rīga, LV- 1057, Latvija

Phone +371 67131313 email info@mfd.lv

Working hours:

Daily 07.00 – 21.00

Saturdays 08.00-15.00

Sundays closed

Doctor on duty

Daily 15.00 – 21.00

Saturdays 08.00-15.00

Sundays closed

How to get there from ISMA:

Trolley bus nr 15 till the bus stop PASTS

Tram nr 7 or 9 till the stop Rusonu iela

- FOR EU citizens

Don't forget to take your European Health Insurance card (EHIC)! Make sure it is valid before to come to Latvia.

Show it to a doctor or at a cash desk BEFORE paying! Then you get a discount and pay the same price as local patients.



- **FOR NON EU citizens**

It is a must to have health insurance issued before your arrival to Latvia. Please make sure it is valid during all your stay here. It should include:

- emergency medical assistance costs;
- treatment costs of growing chronic illness;
- transport costs to the closest medical facility providing the Services mentioned above;
- transportation costs to return the patient to his/her home country in the case of a serious illness or death.

If your insurance policy doesn't include one of those options or is expired during your stay, you can get a new one at ISMA international relations department. We have contracts with several insurance companies in Latvia.

In case if you need any medical help, you have to contact toll free phone number which is indicated on your police. An operator will suggest you a clinic or a hospital this company is working with and explain what you have to do next.

In case if you need to buy any medicine - there is a pharmacy in front of ISMA (at Rimi supermarket). Pharmacy in Latvian is called "APTIEKA".